ARRISRESIDENCES.CA









INDOOR LOUNGE

STUDY / CONFERENCE

FITNESS

YOGA / STRETCH ROOM

POOL

GREENSPACE





CANCEL YOUR GYM MEMBERSHIP NOW, BECAUSE THIS EXPANSIVE COMMERCIAL-GRADE FITNESS FACILITY IS SECOND TO NONE. THIS SPACE WILL EXCEED ALL OF YOUR HEALTH AND WELLNESS EXPECTATIONS.

BEST-IN-CLASS FITNESS EQUIPMENT

20 Cardio Machines:

- · 2 Trueform Air Runners
- · 1 Precor Upright
- 2 Precor Recumbent 3 Precor Elliptical
- · 1 Precor Amt
- · 4 Precor Treadmills
- · 2 Water Rowers
- · 5 Keiser Spin Bikes

4 Strength Machines:

- 1 Hoist Roc-it Chest
- · 1 Hoist Roc-it Leg Press
- 1 Hoist Roc-it Leg Curl1 Hoist Roc-it Leg Abdominal
- 6 Free Weights / Functional Machines:
- Torque X-create 4 Module Functional Wall W' Lifting Platforms
- Torque X-create 7 Module 2-sided Centre
 Torque 2-tier 10 Pair Db Rack

FITNESS ON DEMAND

Onscreen personal trainer at the touch of a button. Access a library of over 1,000 personalized fitness programs (including HIIT, core-strength, cycling, yoga and other specialty fitness classes) from global, powerhouse fitness brands.

YOGA STUDIO/GROUP EXERCISE SPACE

Self-contained spacious area with floor-to-ceiling mirrors for self-directed yoga practices or organized group classes.

POOL, SAUNA & HOT TUB

- · Four-season indoor heated pool with hot tub, to be enjoyed whenever you desire
- · Adjoining outdoor deck and green space, complete with complete with seating in the pet-friendly area.
- Wet steamDry sauna
- Well-appointed men's and women's change rooms, complete with storage lockers, showers, washrooms and changing areas



EXPAND YOUR LIVING SPACE AND ENHANCE YOUR FREE TIME. ENTERTAIN IN STYLE, GET SOME WORK DONE OR SIMPLY RELAX AND UNWIND.

SOCIAL LOUNGE

- 2 self-contained theatre-style viewing pods provide the ultimate comfortable lounge space. With ample seating and a flat screen TV, this is an ideal spot for meeting friends, watching the big game, or just relaxing
- Make use of the wet bar and communal harvest table or take advantage of the more intimate seating areas available

VIDEO CONFERENCE STUDY ROOMS

- 4 private rooms are available for virtual or small in-person meetings. Designed with privacy in mind, each room is fully wired and WIFI ready to accommodate all of your video conferencing needs
- · High-Speed Wi-Fi throughout amenity areas

PRIVATE DINING

- Chef-inspired kitchen, complete with two generous dining tables with seating for 20 people, is the perfect place to entertain any group
- · Set-up, clean up and event management can be handled by Arris, which allows residents the convenience of entertaining at home, without the hassle

LUSH OUTDOOR TERRACE

- · Curated outdoor spaces provide the ultimate setting
- for entertaining, overlooking the downtown skyline
 Partitioned into separate inviting spaces with comfortable outdoor furniture
- Well-placed planters provide privacy between lounge areas
 Central BBQ dining area with communal table for the
- · Extensive green space throughout

ultimate in outdoor grilling

· Grassed area with communal lawn games. Giant Jenga, anyone?